

up to this point if anyone is slightly interested in this there doesn't seem to be any problems, that there is a figure in white and a figure in black, where people fail to comprehend is the figure in black has to become YIN in nature and movement. This has to be understood or when we do anything we really have no idea what we are really trying to do, can you see the point I'm driving at. (Can you show this to others who are keen on this aspect)

Otherwise both the figures in black and white side are ~~both~~ doing YANG movement. Such idea to unbalance the other side is an indication that both uke and nage are doing a YANG movement. In such case YIN and YANG aspect ~~both~~ becomes non-existent thereby losing balance which is the backbone of Aikido.

Ever since I understood this I've been trying to make others see this, but it's been difficult, much has to do with my shortcomings to explain what I was really driving at, after Galway I realized that I must explain