

move from that spot,

As you can see from Diagram 2 this way will make you open your hands in any position without the sense of restriction, you don't have to feel the other side is up against your shoulder and arm,

Original symbol was drawn with ① in a circle to show that in KI there was a perpetual movement of two opposing energies in unison. In aikido the attacker will provide the move so drawing it in straight line would make thing much easier, In either case its balanced, so it doesn't change anything.

Can you pull out ^{the} drawing you have done so we look at it and study what that illustration is telling us. There is a figure in the white side and another on the black side, and no matter what happens black nor white go into the other side. This much you can see without too much difficulty, that is yin stay yin and yang stay yang on its respective side, facing one another totally balanced.

②